

MITIGATE LEARNING LOSS WITH COVID RELIEF FUNDS

PowerUp aims to empower youth through fitness, education, and fun while developing healthy lifestyles, motor skills, joyful movement, and social-emotional learning skills. Healthy kids are better learners and this is now more important than ever. To ensure kids are getting the most out of summer camps, before and afterschool programs, and physical education, we encourage using an evidence-based program such as [PowerUp Your School](#) or [PowerUp Peanuts](#). The American Rescue Plan Act, the recent federal relief bill, states that 5% of funding should be used toward "Evidence-Based Activities" to address learning loss.

SUPPORT ACADEMIC ACHIEVEMENT



- PowerUp [PK-8 programs](#) can be implemented in or out of school.
- PowerUp Your School is aligned with core subject content
- PowerUp participants are more focused and engaged in classroom settings and have higher academic outcomes.

» POWERUP PROGRAMS

» POWERUP OUTCOMES

AFTER SCHOOL AND SUMMER PROGRAMS



- PowerUp Your School is an evidence-based physical activity program that can be implemented in any space, any place.
- PowerUp curriculum integrates core subjects to get participants moving and learning.
- Designed with afterschool and summer programs in mind, there's no equipment needed and training and resources provide staff with the resources needed to confidently and successfully implement PowerUp curriculum.

SOCIAL-EMOTIONAL LEARNING



- Every PowerUp Your School lesson incorporates Character Concepts like teamwork, goal setting, and communication to help participants build critical life skills.

» SAMPLE LESSONS

SUPPORTING STAFF & EDUCATORS



- PowerUp provides 24/7 access to staff resources and online training and all around support for PowerUp success.
- Staff resources include instruction on safe physical distancing along with virtual and hybrid adaptations for every implementation setting.



HOW
FEDERAL
FUNDING
IMPACTS PE



FEDERAL FUNDING
SUPPORT FOR
OUT-OF-SCHOOL
TIME



MITIGATE
LEARNING
LOSS WITH
POWERUP

PowerUp
Fitness